



## Nudges

“The greatest unfoldment comes not through the books, discourses, or talks that happen on the outer side, in the physical world. The greatest unfoldment happens on the inner planes, in your dream worlds, through your intuition, through nudges . . .”

—Sri Harold Klemp,  
*How to Survive Spiritually in Our Times*, p. 81

## Seminar Preview

### Saturday, May 25

Welcome and Sound of Soul Event  
10:00 a.m.

Video Excerpt, Creative Arts  
10:30 a.m.

Panel Discussion, Roundtable Discussions  
10:50 a.m.

Lunch: 12:10–2:00 p.m.

Video, Creative Arts, Panel,  
Dreams, Waking Dreams, and Nudges: Your Source  
of Everyday Guidance

2:00 p.m.

Dinner: 4:45–7:00 p.m.

Welcome, HU, Talk, Creative Arts  
7:00 p.m.

Guest Speaker Workshop—Seed of Fortune:  
Applying the ECK-Vidya in Everyday Life

7:30 p.m.

Dessert Social: 9:00 p.m.

### Sunday, May 26

ECK Light and Sound Service

9:30 a.m.

Creative Arts

10:30 a.m.

Guest Speaker Talk: Dreams, Waking Dreams, and  
Nudges: Discover Your Inner Guidance

10:40 a.m.

Group Picture: 11:00 a.m.



Spiritual Seminar

ECKANKAR Presents:

# Dreams, Waking Dreams, and Nudges: Discover Your Inner Guidance

## 2019 Kentucky ECK Regional Seminar May 25–26, 2019

Louisville Marriott East, 1903 Embassy Square Blvd.  
At I-64 & S. Hurstbourne Pkwy.

### Dreams and Waking Dreams

“Everyone knows about sleeping dreams. You go to sleep, something happens, you wake up, and you say, ‘What a dream!’”

A waking dream is different. It’s something that happens in everyday life. It’s a parallel. Something about a common, everyday event that stands out and brings things into focus for you. You say, ‘You know, that answers a question I had.’”

—Sri Harold Klemp,  
*The Road to Spiritual Freedom*, p. 5



Dan Sailer,  
Guest Speaker

Dan read his first Eckankar book as a teenager, so has experienced, since his youth, how the ECK teachings can transform our lives into a daily spiritual adventure. Dan says we need only certain tools, such as the spiritual exercises, to unlock our inner guidance to help us understand our dreams, waking dreams, and nudges. Dan has given talks and workshops on Eckankar internationally and has worked at the Eckankar Spiritual Center. He currently serves as RESA (Regional ECK Spiritual Aide) for Tennessee.



ECKANKAR In  
Kentucky

[Eckankar-Ky.org](http://Eckankar-Ky.org) 800.883.8578



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## Seminar Highlights



### Sound of Soul Event

*Welcome to the worlds of HU, an ancient, universal name for God. This sacred word can spiritually uplift people of any religion, culture, or walk of life. It is freely given—a gift beyond measure . . . HU is the Sound of Soul.*

You're invited to experience chanting HU, contemplative time, and spiritual conversation with others of like heart.

### Roundtable Discussions

An ECK roundtable is a small, open discussion on a spiritual topic, facilitated by an ECK Spiritual Aide, a specially trained member of the ECK clergy. Topics: *Spiritual Clues from Dreams • Waking Dreams: The Gift of Divine Messages • An Inner Nudge That Changed My Life • The Knack of Listening to the ECK (Holy Spirit)*

### Workshops

#### Seeds of Fortune: Applying the ECK-Vidya in Everyday Life

Discover how waking dreams and Golden-tongued Wisdom can help you find your own inner guidance for every aspect of your life.

#### Dreams, Waking Dreams, and Nudges: Your Source of Everyday Guidance

Understand dreams. Learn to pay attention to waking dreams. Increase your awareness of gentle nudges. Open the window to discovering or enriching your inner guidance.



## Pre-Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Names of additional family members (and age if under 18 years):  
\_\_\_\_\_  
\_\_\_\_\_

**NOTE: No donation is requested for guests (non-members)**

Requested donation for ECK members:

Individual \$35 (\$40 at door) \_\_\_\_\_

Additional family \$15 (\$20 at door) \_\_\_\_\_

Youth (12-17) \$10 (\$15 at door) \_\_\_\_\_

Complementary for under 12 years

**Total Amount Enclosed:** \_\_\_\_\_

Please make check payable to Kentucky Satsang Society

Mail this form with your donation by **May 1** to:

P.O. Box 11261, Lexington, KY 40574-1261

More pre-registration forms available online at

<https://Eckankar-Ky.org/activities/upcoming-seminars/>



**Seminar hotel room block  
cut-off date extended to: May 7**

**Louisville Marriott East  
1903 Embassy Square Blvd.**

**At I-64 & S. Hurstbourne Pkwy.  
Louisville, KY**

**Use Marriott's dedicated website for reservations:**

<https://book.passkey.com/e/49878300>

**OR** Call Marriott reservations direct at **877.495.8694**  
and request the "Eckankar room rate" (\$123 plus tax)

**Parking is complimentary**